

Walk Across Arkansas Team Captain's Log



Team Name:
Captain Name:

Directions:

- Record your team members' total weekly minutes
- When Walk Across Arkansas is over, total the minutes walked for weeks 1 through 8 and write the totals for your team in the space provided

Member Names	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
Weekly Total Minutes Exercised								

8 Week Team Total of Minutes Exercised _____