

Video: <https://uada.hosted.panopto.com/Panopto/Pages/Viewer.aspx?id=56abe585-699e-43bb-b124-ad7f00f37061>

- 1.) Looking at the dashboard of your Walk Across Arkansas account, click “edit” on the week you would like to enter minutes.

Health Team

Week 1: Aug. 2, 2021 Week 2: Aug. 9, 2021



- 2.) You should see this screen next and be able to enter your minutes for the week. Once you are done adding minutes, click “Submit”

Update Week #1 (Aug. 2, 2021)

| | |
|--------------------|---------------------------------|
| Monday Minutes: | <input type="text" value="15"/> |
| Tuesday Minutes: | <input type="text" value="0"/> |
| Wednesday Minutes: | <input type="text" value="15"/> |
| Thursday Minutes: | <input type="text" value="0"/> |
| Friday Minutes: | <input type="text" value="15"/> |
| Saturday Minutes: | <input type="text" value="60"/> |
| Sunday Minutes: | <input type="text" value="0"/> |

Submit

- 3.) To view your minutes for a week, click “view.”

Health Team

Week 1: Aug. 2, 2021 Week 2: Aug. 9, 2021



Week 1: Aug. 2, 2021

| | |
|-------------------|------------------|
| Monday: 15 min | Friday: 15 min |
| Tuesday: 0 min | Saturday: 60 min |
| Wednesday: 15 min | Sunday: 0 min |
| Thursday: 0 min | |

Total Minutes: 105 min