



Team Name:

Captain Name:

Directions:

- Record your team members' total weekly minutes
- When Walk Across Arkansas is over, total the minutes walked for weeks 1 through 8 and write the totals for your team in the space provided.

Member Names	Week	Week			Week		Week	Week
	1	2	3	4	5	6	7	8
1.								
2.								
3.								
4.								
5.								
6.								
7.								
8.								
9.								
10.								
11.								
12.								
13.								
14.								
15.								
Weekly Total Minutes Exercised								



Walk Across Arkansas

10+ Team Captain's Log



16.				
17.				
18.				
19.				
20.				
21.				
22.				
23.				
24.				
25.				
26.				
27.				
28.				
29.				
30.				
Weekly Total Minutes Exercised				

8 Week Team Total of Minutes Exercised _____

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